

# SUMMER MEALS! ALL KIDS EAT FREE!

**No paperwork necessary. Must be 18 or under for free meals.**



**FOR LUNCH,  
CHOOSE AT LEAST  
3 ITEMS  
TOTAL  
FROM AT LEAST 3  
DIFFERENT GROUPS**

**Monday - Friday,  
August 2nd -16th**

**ADULT BREAKFAST - \$2.00  
ADULT LUNCH - \$4.00**

Monday, August 5	Tuesday, August 6	Wednesday, August 7	Thursday, August 8	Friday, August 9
<p><b>Choice of One</b> Mini Pancakes w/ Sausage Patties Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Chicken Patty Sandwich</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Meatball Sub</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> BBQ Chicken Wrap</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Pizza Day!</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>
Monday, August 12	Tuesday, August 13	Wednesday, August 14	Thursday, August 15	Friday, August 16
<p><b>Choice of One</b> Chicken Fajitas</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Mozzarella Cheese Sticks w/ Sauce</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Hamburger on a Bun Cheese optional</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Beef &amp; Cheese Nachos</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Pizza Day!</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p><b>Meal Includes</b> Fruit of the Day Vegetable of the Day</p> <p><b>Choice of Milk</b></p>

**GATES RECREATION SUMMER MEALS PROGRAM**